

[](https://www.bing.com/images/search?view=detailV2&ccid=5REnPmBY&id=C437B351E70EFBEB297BCBBEAF689261C7E6EF58&thid=OIP.5REnPmBYCsm3UjpSaDFl1wHaHt&mediaurl=http://www.clipartbest.com/cliparts/RiA/75z/RiA75zBiL.jpeg&exph=766&expw=736&q=resources+clipart&simid=607993749046104045&selectedIndex=5&qpvt=resources+clipart)

**Little Rock School District**

**School and Community Resource Directory**

August, 2020

The Little Rock School District presents to you this School, Community, and Social Service Resource Directory. In this directory you will find organizations and service providers for Little Rock School District, Pulaski County, and more. This information has been compiled to provide

principals, assistant principals, counselors, social workers, nurses, teachers and other school personnel with a pool of readily accessible information referencing resources available in the district and the greater Little Rock area, as well as other parts of the state, that serve our children, youth and their families.

This document is not intended to be a complete listing of every community resource, but will provide a list of well-established services and resources available within the greater Little Rock area, and our school district.

Counseling Department/Student Services Department

Little Rock School District

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Please see agencies listed below that provide mental health services for schools in the Little Rock School District, for more information please contact Lisa Williams @ 501-447-7384 or [lisa.williams@lrsd.org](mailto:lisa.williams@lrsd.org)

**BRIDGES OUTPATIENT 501-771-1500**

Outpatient treatment may be an option when a person has psychiatric problems such as depression, anxiety, chemical dependency or other issues. While outpatient treatment may be less disruptive to a daily life, our seasoned mental health professionals provide high quality care.

Overseen by an expert psychiatrist and serving children, adolescents and adults, the outpatient program known as Bridges provides a multi-discipline approach and may include:

* A small, safe and structured treatment environment
* Psychiatric Evaluation
* Medication Management and Evaluation
* Family Therapy
* Substance/Dependence/Abuse Treatment

**CENTERS FOR YOUTH AND FAMILIES 501-666-8686**

Offers Mental Health Evaluation/Diagnosis, individual Psychotherapy and family Psychotherapy. Centers’ providers will participate in staffing and meetings regarding their clients whenever invited or requested as often as scheduling permits. These meetings include but are not limited to parent-teacher conferences, referral conferences, IEP meetings, annual reviews, and discipline conferences or hearings when appropriate. Participation will occur with parent or guardian’s permission as evidenced by the signed release of information. In addition, communication including Centers providers must be relevant to the client’s behavior, mental health diagnosis and/or treatment, or utilized in the development of plans, strategies, and techniques for working effectively to improve functioning and ameliorate symptoms.

**DAYSPRING 501-565-8501**

Dayspring services include individual psychotherapy, family psychotherapy, and group psychotherapy for children, adolescents and/or adult clients, medication management, school-based services and nursing home services. These services address numerous client needs such as psychiatric illness, emotional and behavioral problems, family and interpersonal relationships, life span issues, situational stressors and trauma resolution. The specialty programs such as the school-based services provided during or after school focus on the behavioral and mental health needs of school-aged clients, while working closely with the client’s family and school personnel.

**FAMILIES, INC. 501-982-5000**

Families, Inc. offers a variety of therapeutic services for all ages on an individual, couple, family and group basis. Through counseling, individuals receive emotional support from a licensed professional, who helps the client work to resolve conflicts with others, understand feelings such as anxiety and depression, and try out new solutions to old problems. The length of treatment, of course, depends on the complexity and severity of problems.

**LIFE STRATEGIES COUNSELING, INC. 501-663-2199**

LSCI offers a range of services and options will be discussed following an assessment of the need for mental health services. Services include: Individual mental health counseling, Group therapy, Family therapy, psychiatric evaluation and medication management, Psychological testing, Substance abuse counseling and groups, Support groups, School linked therapy services, mental health paraprofessional intervention, Crisis intervention/Stabilization and Referrals to supportive services and community resources.

**LIVING HOPE 501-663-5473**

Living Hope offers intensive behavioral health treatment for seriously emotionally disturbed children and adolescents in public school settings across Central Arkansas.  Through collaboration and coordination with local school districts, students have access to an array of professional and para-professional services without leaving their school campus.  School administrators work with Living Hope Southeast to provide a safe and confidential setting for clients to receive intensive services from our psychiatrists, therapists, and case managers.  Through this school partnership, Living Hope is able to ensure the safety and success of its clients with minimal disruption to their normal educational activities.

**METHODIST FAMILY HEALTH 501-661-0720**

Methodist Family Health offers outpatient treatment services in communities all across the state. Venues of care include community counseling clinics, school-based counseling services, day treatment programs and specialized services such as Kaleidoscope Grief Center.

**NEW BEGINNINGS BEHAVIORAL HEALTH SERVICES 501-663-1837**

New Beginnings uses treatment plan goals and objectives to determine discharging of consumers. Consumers have an ongoing participation of their treatment plan goals and objectives. Family participation is strongly encouraged and it is New Beginnings belief that services should be holistic in approach. The organization helps facilitate family participation by helping with transportation and in scheduling decisions.

**P.A.T CENTER 870-534-4900**

The P.A.T. (people advocating transition) Center offers an array of outpatient services which include: In Home Counseling, Community Rehabilitation, Individual Outpatient Therapy, Anger Management, Family Therapy, Group Therapy, School Based Services, Substance Abuse Group, Sexual Abuse Group and more. Referrals are accepted from parents, DHS, schools, courts, and other child care agencies.

**PATHFINDER, INC. 501-982-0528**

Pathfinder, Inc. is a School-Based Behavioral Health Services that believes in a cooperative effort with the public schools to improve service to children/youth with serious emotional and/or behavioral disorders. The target population focuses on adolescents at risk of possible hospitalization, or removal from the traditional classroom setting, and possible long term residential treatment.

**THE POINTE 501-603-2147**

Pinnacle Pointe Behavioral HealthCare has provided mental health services to families in Arkansas and surrounding states since 1991. They specialize in programs for children ages 5-17 with individualized treatment for each child. Their mission is to provide a safe, secure and nurturing environment and believe that early intervention is key to a child’s success. Some of their services include inpatient services - acute and residential, outpatient services, community-based services, day treatment school, and professional and community education.

**PROFESSIONAL COUNSELING ASSOCIATES 501-221-1843**

**Child and Adolescent Service System Program**  
  
PCA is the “lead agency” for CASSP (Child and Adolescent Service System Program) in Lonoke, Prairie, and North Pulaski Counties. For children with severe emotional disturbances, or children with emotional problems whose needs require services from several different agencies or State departments, PCA arranges a multi-agency staffing to coordinate services. The following services are available to children, adolescents and their families:

* School-Based Services public schools and Head Start classrooms.
* Children’s Case Management is available at all our clinics. Parents Brochure
* Wrap Around services to meet needs that insurance does not cover, including rewards for improved behavior.
* In Lonoke County our PROMOTE program serves youth who are at-risk or involved with the Division of Youth Services. [PROMOTE Brochure](http://www.pca-ar.org/images/PROMOTE_Brochure_9.26.14.pdf)

**UAMS/PRI STRIVE** **501-771-8261**

Counseling services are conducted by trained clinicians (most are Master's level) and supervised by licensed clinicians (LMHC). Services are available in-home individual and family therapy, in-school assessment, individual and /or group therapy and consultation. Individual therapy is available as needed to enhance treatment of the client. Services also include behavioral system reconstruction.

**UNITED FAMILY SERVICES 501-244-0062**

This service provides individual, group, and family therapy to juveniles and their families referred by the court system, as well as aftercare clients, as designated. All services are delivered by qualified, licensed mental health professionals. The purpose of the program is to provide individuals and families an outlet for addressing issues that affect their level of functioning in the community. Consultation with the referral source is also provided, as needed.

**THERAPEUTIC FAMILY SERVICES 501-332-4400**

Participants are assessed by clinically trained staff to ascertain a mental health diagnosis. THS mental health clinicians partner with participants to develop a treatment plan that addresses the participant’s individual needs. THS mental health clinicians determine if the participant needs a referral to other services THS has to offer, such as individual, group and family Counseling. THS mental health clinicians address the appropriate modality of counseling the participant needs. Services like counseling and case management are provided through outreach to and engagement with the participant’s school.

**YOUTH HOME 501-821-5500**

Youth Home provide mental health services to Little Rock School District eligible students during regular school hours Monday through Friday. This includes any direct school-based mental health service provided in a school setting. Individual therapy, family therapy, case management, group therapy, crisis intervention, collateral contacts, clinical consultation, medication management, case coordination, interagency staffing and teacher/school staff education.

**OTHER MENTAL HEALTH RESOURCES**

**RIVENDELL 1-800-264-5640**

Rivendell is a behavioral health organization that provides a full continuum of mental health services for adults, adolescents and children, including inpatient hospitalization, long-term inpatient treatment, partial hospitalization, and outpatient services provided in a traditional office setting, school or home. Rivendell also provides educational day treatment for students experiencing difficulty in public schools, but in close coordination with the home school.

**SAFE PLACES 501-374-7233**

Safe Places is a non-profit organization working to help children and families throughout Arkansas. Ninety-nine percent of services are free of charge to victims of sexual assault, family violence, child abuse, human trafficking and other forms of violence. Services include individual and group support, advocacy, counseling, education/training, referral services and specialized therapies.

**UAMS MEDICAL CRISIS AND LOSS CLINIC 501-526-8100**

The experience of a life-threatening illness or death of a family member can be emotionally disruptive to a child’s development, as well as to the child’s entire family. Frequently, children experiencing problems in adjusting to loss or serious illness may demonstrate difficulties including increased sadness and anxiety, withdrawal from friends, decreased school achievement or medical nonadherence. The Medical Crisis and Loss Clinic was developed to assist children and families in coping with loss and change. It is a short-term intervention focused on improving long-term adjustment.

The clinic is intended for parents, whose child has died, or children and adolescents who:

* Have experienced the death of a family member or close friend from an illness,
* Have experienced a loss of function from physical trauma, or
* Have difficulty coping with the diagnosis of a chronic or life-threatening illness.

Pulaski County

|  |  |  |  |
| --- | --- | --- | --- |
| **ABUSE** |  |  | |
|  | Adult Protective Services  Child Protective Services (Hotline) | 1-800-482-8049  1-800-482-5964 | |
|  | Arkansas Attorney General’s Office Hotline | 1-800-482-8982 | |
|  |  |  | |
|  | Women and Children First (battered women)  (Emergency crisis line) | 501-376-3219 or  1-800-332-4443 | |
|  | Provide shelter and a 24-hour crisis hotline for survivors of family violence, they also help women and their children find long term housing. |  | |
| **ADULT DAYCARE** | St. Luke’s Respite Care Center (Thursdays)  4106 JFK Blvd., NLR | 501-753-4281 | |
|  | Central AR Area Agency on Aging Carelink  706 W. 4th St., NLR | 501-372-5300 | |
|  | SCAT (Senior Citizens Activities Today) | 501-374-0123 | |
|  | Heart of Arkansas United Way | 501-376-4567 | |
| **AIDS** | HIV Services Program Coordinator  4815 W. Markham, Little Rock | 501-661-2503 | |
|  | CDC | 1-800-458-5231 | |
|  | AIDS Clinical Trials Info Service (1-4pm) | 1-800-TRIALS-A | |
|  | AIDS Treatment Drug Info. | 1-800-822-7422 | |
|  | Deaf Access AIDS Hotline | 1-800-243-7889 | |
|  | Spanish AIDS Hotline | 1-800-344-SIDA | |
|  | National HIV & AIDS Hotline | 1-800-232-4636 | |
| **AIDS Testing** | Arkansas Aids Foundation  Planned Parenthood | 501-374-2898  501-666-7526 | |
|  | Pulaski County Central Health Unit | 501-280-3125 | |
|  |  |  | |
| **ALCOHOL & OTHER**  **DRUG ABUSE** | Quapaw Ark Detox  Integrated Health Care  #5 Shackelford Plaza, Little Rock | 501-686-9393  501-227-7305 | |
|  | Little Rock Compassion Center  3618 Roosevelt Road (for men only) | 501-296-9114 | |
| **Detox Centers** | Women, Children & Men |  | |
| **In-Patient** | GYST House, 24 hours  8101 Frenchmons Lane | 501-568-1682` | |
|  |  |  | |
|  | Recovery Centers of Arkansas  1201 River Road, North Little Rock | 501-372-4611 | |
|  | Ouachita County Hospital  638 California Ave., Camden | 870-836-1289 | |
|  |  | |  |
| **Out-Patient** | Alcoholics Anonymous (24 hours)  Big Brothers Big Sisters of Central Arkansas   * Ms. Renee Burks, Project Director   312 W. Pershing  North Little Rock, AR 72114 FAX:  PSP EMAIL: [rburks@bbbsca.org](mailto:rburks@bbbsca.org) | | 501-664-7303  501-374-6661  501- 375-0906 - Fax |
| **Out-Patient** (cont.) | Family Service Agency  629 W. Broadway (Drug & alcohol abuse program) | | 501-753-0202 |
|  | Greater Second Care Center, Inc.   * Mr. Fred Harvey, Project Director   After School Care  5615 Geyer Springs Rd.  Little Rock, AR 72209  PSP EMAIL: [fharvey@greatersecond.org](mailto:fharvey@greatersecond.org)  CLFC@greatersecond.org  Kiwanis Activities, Inc. (DBA) Pfeifer Kiwanis Camp   * Mr. Sanford Tollette, Project Director * Ms. Binky Martin-Tollette, Assistant Director   5512 Ferndale Cutoff  Little Rock, AR 72223 FAX:  PSP EMAIL: sanford@pfeifercamp.com  **Website**: http://www.pfeifercamp.com/ binky@pfeifercamp.com  [jpkcamp@pfeifercamp.com](mailto:jpkcamp@pfeifercamp.com) | | 501-569-9988  501- 570-0000 - Fax  501-821-3714  501-821-3714  501-8212629 |
| **Information** | Professional Counseling Associates | | 501-955-7600 |
|  | UAMS Substance Abuse Treatment Clinic  4301 W. Markham, Little Rock | | 501-526-8400 |
|  | Serenity Park – Male and Female Facility  2801 W. Roosevelt, Little Rock | | 501-663-7627 |
|  | The Bridgeway  21 Bridgeway Road, North Little Rock | 501-771-1500 | |
|  | CPC Pinnacle Pointe Hospital  11501 Financial Center Parkway, Little Rock | 501-223-3322 | |
|  | Prevention Resource Center, Family Service Agency | 501-372-4242 | |
|  |  |  | |
| **ALZHEIMER’S**  **DISEASE** | Reynold’s Institute  UAMS, 2nd Floor  Evaluation by doctors and formulation of a treatment plan including the patient and the family. | 501-686-6219 | |
| **BIRTH AND DEATH CERTIFICATES** | Arkansas Department of Health  4815 W. Markham  (To get copies of certificates for persons who were born or who died in Pulaski County) | 501-661-2336 | |
| **BLINDNESS** | World Services for the Blind  (Also known as AR Enterprises for the Blind mobility training, preparation for independent living) | 501-664-7100 | |
|  |  |  | |
|  | World Services for the blind (Also known as AR Enterprises for the Blind mobility training, preparation for independent living) | 501-661-2336 | |
|  | State Library for the Blind and Physically  Handicapped  (Free large print books for loan, cassettes, records, Braille materials and equipment. Request must be filled out by a healthcare provider.) | 501-682-1155 | |
|  |  |  | |
| **BUS TICKETS** | CAT (Central Arkansas Transit)  Salvation Army | 501-375-1163  501-374-9296 | |
| **CANCER** | American Cancer Society  (Promotes early detection and treatment of cancer, provides services to patients and their families) | 501-666-5409 | |
|  | CARTI (Central AR Radiation Therapy Institute) | 501-664-8573 | |

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| **CHILD DAYCARE** | Division of Child Care & Early Childhood Education  (Provides free information to parents to help them locate childcare services in the state 8:30 am – 4:30 p.m., Monday-Friday) | 1-800-445-3316 |
|  | St. Augustine Center for Children  1410 E. 2nd Street, NLR  (Serves 3-5 years, sliding scale fee) | 501-378-0940 |
|  | Hunter Child Care Center  3301 Romine Road  (Serves 6 weeks – 12 years, sliding scale fee, before and after school care) | 501-225-7683 |
|  |  |  |
| **CHILDREN AND YOUTH**  **SERVICES**  **General Information**  **And referral** | AR Advocates for Children and Families  Big Brothers/Big Sisters  Quapaw Boy Scouts of America | 501-371-9678  501-374-6661  501 664-4780 |
|  | Boys and Girls Club of Central Arkansas | 501-666-8816 |
|  | NLR Boys Club | 501-945-3162 |
| **CHILDREN AND YOUTH**  **SERVICES (Support Groups)** | Girl Scouts  Arkansas for Drug-Free Youth  Arkansas Advocates for Children and Families  Arkansas Association for  Hearing-Impaired Children  Arkansas Early Childhood Association  Arkansas Easter Seal Society  Arthritis Foundation Hot Line  Center for Youth & Families  Child Care Referral  Child find Hot Line  Child Help USA  Child Protective Services  Kidsource  Learning Disabilities Assoc. of Arkansas  March of Dimes Birth Defect Foundation  National Center for Missing & Exploited Children  National HOPEline Network  New Futures for Little Rock Youth  Parent Center  Health Information Hot Line  Pulaski County Youth Services  Youth Home, Inc.  Arkansas YouthLeadership Initiative  Arkansas Children’s hospital Adolescent  & Young Adult Clinic  Big Brothers/Big Sisters of Pulaski County, Inc.  Centers for Youth & Families  National Runaway Safeline  New Futures for Youth  P.A.R.K.  Shelter for Homeless & Runaway Children  Teen LifeLine  Teen Obstetric Prenatal Parenting (TOPPS)  Transitional Living Program &  Youth Emergency Shelter  United Way First Call for Help  Watershed Human & Community Development Agency | 501-758-1020  501-375-1338  501-371-9678  TDD 221-1330  501-221-2635  501-227-3600  (800) 482-8858  501-666-8686  507- 287-2020  800-426-5678  800-422-4453  501-682-1001  501-225-0997  501-666-8777  501-663-3100  800-843-5678  800-442-4673  501-374-1011  501-666-6833  800-235-0002  501-340-6688  501-821-5500  501-375-1338  501-364-1100  501-374-6661  501-666-8686  800-786-2929  501-374-1011  501-562-5223  501-666-7233  800-248-8336  666-6833 Ext. 3136  501-771-5511  501-376-4567  501-378-0176 |
| **CLOTHING** | St. Francis House  2701 Elm Street | 501-664-5036 |
|  |  |  |
|  | Watershed II  3701 Springer Blvd.  Goodwill Industries of Arkansas  1110 West 7th, Little Rock, AR 72201  Goodwill Industries Main Office  7400 Scott Hamilton Drive, Suite #50  Little Rock, AR 72209  Goodwill JFK Blvd. Thrift Store  109 Markham Park Drive  Little Rock, AR 72211  Goodwill University Thrift Store  2904 South University Ave.  Little Rock, AR 72204 | 501-37 8-0176  501-372-5100  501-372-5100  501-221-1018  501-568-5313 |
| **CONSUMER ADVOCACY** | Arkansas Community Organization | 501-376-7151 |
|  | Arkansas Better Business Bureau | 501-664-7274 |
|  | Public Service Commission | 501-682-2051 |
|  | Attorney General’s Office | 501-682-2007 |
| **CONSUMER COUNSELING** | Consumer Credit Counseling  8am – 5pm | 501-753-0202 |
| **COUNSELING SERVICES**  **CRISIS/EMERGENY**  **SERVICES** | Child Study Center  UAMS 5:30am – 5:00pm  Centers forYouth and Families  Outpatient Counseling Center  5905 Forest Place, Suite 100  Salvation Army  Women & Children First  Poison Control and Information  Center for Youth Emergency Shelter  Arkansas State Police Child  Abuse Hotline | 501-364-5150  501-666-4949  501-374-9296  501-376-3219  501-686-6161  501-666-7299  800-482-5964 |
| **DRUG COUNSELING/**  **TREATMENT** | Baptist Health Rehabilitation Institute  Recover Care Unit  9601 I-630, Exit 7  Hoover Center/Black Community  Developers Center  4000 West 13th Street  Little, Little Rock, AR 72204  Residential and Outpatient Treatment Services, Partial Day | 501-202-7000  501-663-9621 |
|  | Recovery Centers of Arkansas  Riverbend  1201 River Road  North Little Rock, AR 72114  Website:www.rcofa.org | Carole Baxter, Executive Director  Phone: 501-372-4611  Fax: 501-372-1801  E-Mail: cbaxter@rcofa.org |
|  | RCA-Williamsburg  6301 Father Tribou St.,  Little Rock, AR 72205-3003  (Outpatient Treatment Services) | Carole Baxter, Executive Director  Telephone: 501-372-4611  Fax: 501-372-1801  E-Mail: cbaxter@rcofa.org |
|  | Serenity Park, Inc. & Serenity Home  2801 W. Roosevelt Road  Little Rock, AR 72204  Website: <http://www.serenitypark.org>  (Residential Treatment Services for Males & Females)  (Gender Separate)  Partial Day  Outpatient (Male & Female) | Larry Gaines, Executive Director  Billy Deluca, Administrator  Phone: 501-663-7627  Toll Free: 866-699-7627  Fax: 501-663-2859  E-Mail: serenitypark@comcast.net |
| **EDUCATION** | Arkansas Literacy Council  Pleasant Hill AME Church, Free Tutoring  Literacy Action of Central Arkansas  Youth Challenge (AR National Guard)  Arkansas Baptist Adult Education Center  North Little Rock Location | 501-907-2490  501-490-0267  501-372-7327  501-212-5565  501-372-1547  501-353-1449 |
| **ELDERLY**  **General Information** | [www.seniorcorps.gov](http://www.seniorcorps.gov) (Foster Grandparent)  Central AR Area Agency on Aging  706 W. 4th Street, NLR  (*Good I & R for the elderly, covering Pulaski, Saline, Lonoke, Faulkner, Monroe, & Prairie Counties*) | 501-372-5300 |
|  | Jacksonville Senior Wellness & Activity Center | 501-982-7531 |
|  | (SCAT) Senior Citizens Activities Today  1800 S. Broadway | 501-374-0123 |
|  | Life Quest, NW Little Rock area | 501-225-6073 |
| **Advocates** | Care Links  (*Assistance to the elderly living at home in the following areas of need: neglect & exploitation, Social Security, SSI, food stamps, private pensions, and veteran’s benefits.*) | 501-372-5300 |
|  | National Council on Aging | 1-800-424-9046 |
|  |
| **Employment** | Care Link  (Employment opportunities for those 55 and older in Pulaski, Saline, Lonoke, Faulkner, Monroe & Prairie Counties) | 501-372-5300 |
|  | SCORE (Sr. Corp of Retired Persons)  (Matches retired executives with agencies which can benefit from their expertise) | 501-324-7379 |
| **Eye Care** | Eye Care of America  (Free care to detect and treat blindness (elderly only). This does not cover exams for eyeglass prescriptions.)  [www.eyecareamericalorg](http://www.eyecareamericalorg) | 1-800-222-3937 |
| **Food/Meals** |  |  |
|  | Meals on Wheels (Care Link) | 501-372-5300 |
|  | SCAT (Sr. Citizens Activities Today)  (*Activities, meals, crafts, & recreation*) | 501-374-0123 |
|  | Food Stamps  (*If a client receives SSI, he/she is eligible for food stamps. Any local Sr. Citizen’s center can help with application*) | 501-682-1001 |
| **Home Maintenance** | Park Hill Baptist Church Small Maintenance Repair Team  201 East C Street, NLR | 501-753-3413 |
| **Medicaid** | Medicaid can be granted to anyone receiving SSI. It helps to pay for hospital and personal care. Proof of SSI is required when filing. | 501-682-8233 |
|  |  |  |
|  | Carelink Live In/Sitter Program | 501-372-5300 |
| **Respite Care** | St. Luke’s Respite Care  4106 JFK Blvd. | 501-753-4281 |
|  | St. Vincent Home Care  6701 W. 12th Street  (*For someone to stay with homebound patients*) | 501-663-7198 |
|  | Visiting Nurse Association  6071 W. 12th Street  (In-homecare, nutrition, counseling, speech, physical, & occupational therapy, support and social work consultation) | 501-664-4933 |
|  | Central AR Home Health Agency | 501-661-2614 |
| **Senior Citizen’s Center** | Camp Aldersgate  2000 Aldersgate Rd. | 501-225-1444 |
|  | Campus Towers Housing Project  1101 E. 7th Street, NLR | 501-374-1352 |
|  | East End Senior Center  2500 E. 6th Street | 501-374-2881 |
|  | Glenview Recreation Center  4800 E. 19th Street | 501-945-2921 |
|  | Heritage House Activity Center for Senior Citizens  2301 Division Street, NLR | 501-758-9941 |
|  | Jacksonville Senior Center  100 Victory Circle | 501-982-7531 |
|  | Maumelle Senior Center | 501-851-4344 |
|  | Parris Towers Senior Center  1800 S. Broadway | 501-374-0123 |
|  | Willow House Housing Project  2500 Willow, NLR | 501-758-3670 |
|  | Saline Co. Senior Adult Center  210 Jefferson Street, Benton | 501-776-0255 |
|  |  |  |
| **EMERGENCY**  **NUMBERS**  **Pulaski County** | Arkansas Department of Health  After Hours  Pulaski County Health Department  Arkansas Children’s Hospital -Emergency  Baptist Medical Center – Emergency  DHS Children and Family Services  Little Rock Police Department  North Little Rock Police  Little Rock Fire Department | 501-661-2000  501-661-2136  501-280-3100  501-364-1185  501-202-2000  501-682-2119  911  501-771-1200  501-371-4485 |
|  | North Little Rock Fire Department | 501-340-5377 |
|  | Poison Control – (UAMS) | 1-800-222-1222 |
|  | FBI | 501-221-9100 |
|  | EPA – National Response Center  (To report toxic chemical and oil spills) | 1-800-424-8802 |
| **EMPLOYMENT**  **RESOURCES** | American Indian Center of Arkansas  1100 N. University #143 | 501-666-9032 |
|  | Arkansas Workforce  5401 South University  Little Rock, AR | 501-682-2121 |
|  |  |  |
|  | Salvation Army  1111 W. Markham | 501-374-9296 |
|  | Watershed II  3701 Confederate Blvd. | 501-378-0176 |
|  | Our House  822 Louisiana | 501-375-2416 |
|  | Florence Crittenton Home  (For pregnant teenagers) | 501-663-0772 |
|  | Job Corps  (For those 16-21 years of age, providing training, transportation, and child care) | 501-618-2500 |
|  | St. Francis House  2701 S. Elm  (Occasionally they will help with rent) | 501-664-5036 |
| **FAMILY PLANNNING**  **FINANCIAL COUNSELING** | Family Planning Clinic  (Arkansas Department of Health)    Planned Parenthood  Arkansas Children’s Hospital Adolescent Center  Southwest Health Clinic  Consumer Credit Counseling Service  628 W. Broadway  North Little Rock | 501-280-3340  501-666-7526  501-364-8336  501-565-9311  501-753-0202 |
| **FOOD - Groceries** | Camp Aldersgate  2000 Aldersgate Rd.  (*FCFH must call Camp Aldersgate and refer the client.*) | 501-225-1444 |
|  | Helping Hand  1601 Marshall  (*Closes at 2:00 daily, except Thursday, when it closes at noon.*) | 501-372-4388 |
|  | Salvation Army  1111 W. Markham  (*As well as other branches*) | 501-374-9296 |
|  | St. Francis House  2701 S. Elm  Watershed II  3701 Springer Blvd. | 501-664-5036  501-378-0176 |
|  | Gardner Methodist Church  18th & Schaer, NLR | 501-374-9520 |
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|  | Park Hill Baptist Church  201 East C Street, NLR | 501- 753-3413 | | |
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|  | WIC (Health Department)  5800 W 10th, Suite 810 | 501-661-2508 |
|  | WIC  1321 Hill Street, Jacksonville | 501-982-7477 |
| **Hot Meals** | Stew Pot  First Presbyterian Church, 8th & Scott St.  (Monday – Friday, 12:00 – 1:00) | 501-372-1804 |
|  | Friendly Chapel Soup Kitchen  116 S. Pine, NLR (Monday – Friday) | 501-371-0912 |
|  | Stone Soup  Quapaw Quarter Methodist Church, 6th & Louisiana  (Hot meal on Sunday, 12:00 - 4:00) | 501-375-1600 |
| **FUNERAL** | Casework Division of Governor’s Office  Cremation | 501-682-2345 |
| **FURNITURE** | \*\*No agency routinely has free furniture. Furniture may be purchased at area thrift stores (such as Salvation Army at 3618 W. Roosevelt, or Goodwill at 1201 W. 7th). Occasionally, the following agencies may have furniture to give away:  St. Francis House | 501-664-5036 |
| **HEALTH SERVICES** | Adolescent Center  1201 Bishop, Little Rock, AR  Care for teens age 12-21. Sports physical,  Immunizations, counseling. Appointments only.  Arkansas Children’s Hospital  800 Marshall, Little Rock, AR 72201  Baptist Medical Center  Care for sick children. Immunizations for preschoolers only. No appointment necessary.  Pulaski County Central Health Clinic  College Station Clinic  Pulaski County Central Health, Little Rock  Jacksonville Health Clinic  Health Department Clinic  Southwest Health Clinic | 501-364-8336  501-364-1100  501-202-7000  501-490-1602  501-280-3100  501-982-7477  501-280-3340  501-565-9311 |
|  | Planned Parenthood | 501-666-7526 |
|  | St. Francis House | 501-664-5036 |
|  | St. Vincent’s Health Clinic East | 501-552-4710 |
|  | UAMS Medical Center | 501-686-7000 |
|  | Westside Free Medical Clinic | 501-664-0340 |
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| **Infant & Child** | Pulaski County Health Departments  (See numbers and locations above) | 501-380-3100 |
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|  | Arkansas Children’s Hospital General Pediatric Clinic | 501-364-1100 |
| **Child Care Referral Services** | Arkansas Human Services | 1-800-445-3316 |
|  | Child Care Education |  |
|  | Children and Family Services/ Neglect  Children and Family Service/Childcare | 501-682-8772  501-682-8590 |
|  | New Futures for Little Rock Youth | 501-374-1011 |
| **HEARING SERVICES** | Arkansas Childrens Hospital Audiology and Speech Clinic  4815 W. Markham | 501-364-4319 |
|  | Audiology and Speech Pathology  5820 Asher Ave. Suite 600  (Adult hearing rehabilitation, hearing evaluation, individual work and counseling, speech therapy, sliding scale fee, and regular fee payment) | 501-569-3155 |
|  | Arkansas School for the Deaf | 501-324-9506 |
|  | Arkansas Rehabilitation Services  Interpreter Referral Service | 501-686-2800 |
|  | Outreach Program School for the Deaf | 501-324-9523 |
| **HOMELESS SHELTERS**  **Women & Children** | Dorcas House  823 South Park  (For women and children, average length of stay is 6 weeks; provides shelter, food, clothing, and social work assistance. 24 hour service) | 501-374-4022 |
|  | Women and Children First  (Shelter & support for battered women & children for up to 45 days, 24 hour service) | 501-376-3219 |
| **Teens** | Centers for Youth and Families  6425 W. 12th  (Crisis counseling, shelter, food & clothing for runaway and homeless youth ages 8-17 in crisis situations for up to 45 days, 24 hour service) | 501-666-4949 |
|  | Immerse Arkansas  5300 Asher Avenue  Little Rock, AR 72204  Crisis Line (501) 510-SAFE | O: 501-404-9890  F: 866-449-2556 |
| **Student**  **Families** | Immerse Arkansas  5300 Asher Avenue  Little Rock, AR 72204  Crisis Line:  Our House  302 E. Roosevelt  (Food, shelter, clothing, employment, housing assistance to homeless men,  women & children for 30 days, extensions may be granted, check-in: 4:30 – 5:00 pm, emergency check-in til 10:00 pm) | 501-404-9890 x 713  501-510-SAFE  501-375-2416 |
|  | Salvation Army  1111 W. Markham  (Food, shelter, employment, and social work counseling for men, women, and children for 5 days, check-in at 4:30) | 501-374-9296 |
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| **Men** | Salvation Army Adult Rehabilitation Center  3618 W. Roosevelt  (*Medium termed care of adult men with treatable handicaps such as alcoholism*  *and homelessness.*) | 501-374-9296 |
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|  | Union Rescue Mission Transient Lodge  615 Magnolia, NLR  (*Food, shelter, & clothing for men for 3 nights every 10 days, check-in 3:00 p.m. – 7:00 a.m*.) | 501-376-8470 |
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| **Services**  **HOSPITALS/CLINICS** | Homeless Education Program, LRSD  501 Sherman Street, Little Rock, AR 72202  AR Children’s Hospital | 501-447-2988  501-364-1100 |
| **Free Clinics:** | AR Children’s Hospital Development Center  (Evaluation & therapy for developmentally delayed children)  Harmony Health Clinic, 201 E. Roosevelt Rd., by Appointment only (medical and dental) Monday – Thursday 9am – 3 pm Walk in Accepted only Thursdays 5 – 9pm | 501-364-1100  501-375-4400 | |
| **HOTLINES** | National Crisis Suicide Hot line or Veterans Line  Child Abuse 1-800-4achild | 1-800-273-TALK (8255)  1-800-422-4453 | |
|  | Crisis Text Line | 741741 | |
|  | National Runaway Switchboard | 1-800-786-2929 | |
|  | Substance Abuse Hotline | 1-855-649-6079 | |
|  | Cocaine | 1-844-888-6908 | |
|  | National STD and AIDS Hotline | 1-800-448-0440 | |
|  | Arkansas State Health Department | 1-800-462-0599 | |
|  | Battered Women | 1-802-658-1996 | |
|  | Child Abuse Hotline | 1-800-422-4453 | |
|  | DHS Client Assistance | 1-800-482-8988 | |
|  | National Highway Auto Safety | 1-800-424-9393 | |
|  | Beech-Nut Nutrition for Babies | 1-800-233-2468 | |
|  | Product Safety | 1-800-638-2772 | |
|  | Alcoholics Anonymous | 1-800-ALCOHOL | |
|  | CDC | 1-800-458-5231 | |
|  | American Council for the Blind | 1-800-424-8666 | |
|  | Arkansas Trauma Foundation | 1-212-772-0608 | |
|  | Cancer Information Service | 1-800-4-CANCER | |
|  | Child Find | 1-800IAMLOST | |
|  | Children’s Hospice | 1-719-683-2792 | |
|  | American Diabetes | 1-800-342-2383 | |
|  | Gambling | 1-800-GAMBLER | |
|  | National Adoption Center | 1-800-TO-ADOPT | |
|  | National Association for Hearing & Speech Action | 1-800-638-8255 | |
|  | National Council on Alcoholism | 1-800-475-HOPE | |
|  | National Grief Recovery Insitute | 1-800-334-7606 | |
|  | National Brain Injury Association | 1-800-444-NHIF | |
|  | National Health Information Clearinghouse | 1-800-336-4797 | |
|  | Parents Anonymous | 1-909-621-6184 | |
|  | Co-parenting and Abduction | 1-800-A-WAY-OUT | |
|  | National Rehabilitation | 1-800-34-NARIC | |
|  | Relapse Prevention Hotline | 1-866-949-8009 | |
|  | Sexually Transmitted Disease | 1-800-227-8922 | |
|  | Shriner’s Hospital | 1-800-237-5055 | |
|  | Trauma | 1-800-556-7890 | |
| **HOUSING** | *(Teens can go to any local hospital that sponsors Operation Safe Place)*  Pulaski County Housing Agency  201 S. Broadway, Suite 220  Little Rock, AR 72201  Public Housing  Little Rock Office  North Little Rock Office  ACORN | 501-340-3384  501-324-5931  501-758-8911  501-376-7151 | |
|  | Pulaski County  Housing Agency  201 S. Broadway, Suite 220  Little Rock AR 72201 | O: 501-340-3384  F: 501-340-8951 | |
| **LEGAL SERVICES** | Center for AR Legal Services  Little Rock | 1-800-950-5817 | |
|  | Auditor of State | 501-682-6030 | |
|  | American Civil Liberties Union | 501-374-2660 | |
| Arkansas Bar Association 501-375-4606  Prosecuting Attorney’s Office 501-340-8000 | | | |  | | 501-375-4606 |
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| **MENTAL HEALTH** | National Alliance for the Mentally Ill | 501-661-1548 or  1-800-844-0381 | |
|  | Arkansas Cares | 501-771-1500 | |
|  | United Methodist Children’s Home  2002 South Fillmore  Little Rock, AR 72204 | Shari Willding Program administrator  Phone: 501-906-4247  Fax: 501-296-1714  Email:swillding@mthodistfamily.org | |
|  | Arkansas State Hospital  4313 West Markham, Little Rock, AR 72201  Bridgeway  #12 Bridgeway Road, NLR  Bridgeway Mobile Assessor  Centers for Youth and Families  6101 W. 12th Street  (Parent Center)  Centers for Youth and Families  6601 W 12th Street  (Diagnostic counseling for emotionally troubled children)  Family Service Agency  628 West Broadway, Little Rock, AR  72114  Little Rock Community Mental Health  4400 Sheffield  L.O.V.E. “Let Our Violence End” Inc.  (Healing Waters Outreach Center)  14036 Sardis Road, Shannon Hills, AR 72103 [www.letourviolenceend.com](http://www.letourviolenceend.com) | 501-686-8000  501-771-1500  501-350-6578  501-666-8686    501-666-4949  501-666-4949  501-372-4242  501-686-9300  501-516-1602 | |
|  | Make a Wish Foundation  Parental and Teen Pregnancy Hotline  State Health Department  Methodist Family Health  1600 Aldersgate Rd. #200  Little Rock, AR 72205  Pinnacle Point Hospital  11501 Financial Parkway, LR, AR  Pinnacle Point Mobile Assessor  Professional Counseling Assoicates  3601 Richards Road, North Little Rock,  AR. 72117  Rivendell Behavioral Health Services  6724 interstate 30  Rivendell Mobile Assessor  Planned parenthood  Pulaski County Health Department  Little Rock Family Planning Service  Catholic Diocese of Little Rock-Adoption  2415 N. Tyler Street  UAMS Walker Family Clinic  (Appointments)  4301 West Markham, Little Rock, AR, 72205 | 501-376-4650  800-235-0002  501-661-2000  501-661-0720  501-223-3322  501-658-5229  501-221-1843  501-316-1255  501-804-2503  501-666-3243  501-280-310  501-225-3836  501-664-0340  501-526-8200 | |
| **PARENTING CLASSES**  **PREGNANCY/**  **HEALTH EDUCATION** | Center for Youth & Families Parent Center  Department of Human Services Adoption Service  Florence Crittendon  AR Department of Health  Promise House  (Residential Care for Pregnant teens) | 501-666-6833  501-682-1001  800-522-6630  501-376-4791 | |
|  | Pulaski County Health Department (STD)  3915 W. 8th Street, Little Rock, AR  Pulaski County Youth Services | 501-280-3125  501-340-8250 | |
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|  | Learning Disabilities Association of Arkansas | 501-666-8777 | |
| **Teenage Parenting**  **PREVENTION/ EDUCATION** | Teen Parent Program  Overeaters Anonymous  St. Francis House, 24 hours  Assistance  American Red Cross  Arkansas Advocates for Children and Family | 501-666-6833  479-474-9606  501-664-5036  501-748-1000 Or 800-REDCROSS  501-371-9678 | |
|  | CPC Pinnacle Pointe Hospital | 501-223-3322 | |
| **SUPPORT GROUPS** | Teen Hotline  Women and Children First  CPC Pinnacle Pointe Hospital  Dorcas House | 1-800-852-8336  1-800-332-4443  501-223-3322  501-374-4022 | |
| **UTILITY ASSISTANCE**  **VIOLENT BEHAVIOR**  **YOUTH HOME** | CADC (Central Arkansas Development  Council)  Family Service Agency - Anger Management Program and Domestic Violence  Behavioral Health Service of Arkansas  Outpatient Phone | 501-603-0909  501-372-4242  501-954-7470  501-954-7470 | |
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